



AWNY

OCTOBER 2011



WHAT'S ON in October

12th October Coffee Morning

Australian Consulate, 10.30am, \$5-
No RSVP required

25th Annual Children's Halloween Party

3-5pm, 'The Montana' Building - Upper West
80's

31st Halloween



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facebook

Have you joined us on Facebook?

... a great way to keep in touch with AWNY news and events, and share information with other members.

Link to us at > [facebook/awny](https://www.facebook.com/awny)



If you would like to subscribe to the Consulate's eblasts on Australian events within the New York area, please email Fiona.Gosschalk@dfat.gov.au.

Australian Women in New York is a program of the



New York Living Tip: Fall in New York City

There are so many fantastic things to do in New York during Fall - **pumpkin carving, apple picking, leaf spotting etc.!**

Check out Time Out New York's, "101 things to do in New York City in the fall" for some inspiration....

<http://newyork.timeout.com/things-to-do/1879027/101-things-to-do-in-new-york-city-in-the-fall>



EDITORS' NOTE:

We are always looking for fresh new content for the newsletter... if you have a story, event or restaurant review or details of something going on around the city, please drop us a line, we would love to hear from you!

Newsletter content needs to be submitted by the 20th of each month to be included in the following months newsletter and can be emailed to : linda@lkconcepts.com, tara.falkiner@gmail.com or to any of the committee members listed on the last page of this newsletter.



WHAT'S ON IN October?

AWNY COFFEE MORNING || Wednesday Oct 12th, 10:30am

Where: Australian Consulate, 150 E.42nd St, 34th floor (Committee meeting prior to coffee morning @ 9:30)
(Subway- Grand Central Station)

Please bring I.D for entry to the consulate.

Guest Speaker: Lisa Smith {Founder, Ausmode.com}

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https://www.ausmode.com/index.php?option=com_home&view=home&layout=acajoom

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- Elke
- Elery
- Fernando Frisoni
- Gary Bigeni



- Cinger & Smart
- Jac & Jack
- Josh Goot
- Kirily Johnston
- KJ by Kirily Johnston
- Ksubi
- La Cav du Bon
- Life with Bird
- Lover
- Mania Mania
- Michael Lo Sordo
- Rachael Ruddick
- River
- Ruby Smallbone
- Sass & Bide
- Therese Rawsthorne





PARENTS OF A CERTAIN AGE.....

Is there anything wrong with being 53 and pregnant?

By Lisa Miller Published Sep 25, 2011, New York Magazine



The New York magazine recently ran an article titled “Parents of a Certain Age” which feature one of AWNY’s former committee members, Fiona Palin, who left NYC to move to LA last year.

“Fiona Palin started trying to conceive ten years ago, when she was 38. She underwent six failed IVF cycles and three –miscarriages—including, the final time, a miscarriage of triplets. Depressed for years, she decided to give up hope, go back to school, and become a tourism consultant. She investigated adoption. She was keeping herself busy.

Last August, when she and her husband, Nick, who is 63, decided to thaw and use their last remaining embryo, abiding in a freezer since 2002, they were done “with everything but the crying,” she says. “I thought, This won’t work. Don’t put any hopes on it.” It did, though. Fiona learned she was pregnant in the bathroom of a Ralphs supermarket in Los Angeles, where, in anticipation of a long, boozy evening with relatives, she took a do-it-yourself urine test, just to be safe. “I screamed. I was crying hysterically in the toilet. If anyone would have heard, I’m sure they would have called security. I got myself together and went outside, and Nick was there. He said, ‘What’s wrong? What’s wrong?’ and I told him, and then he started crying. So we’re crying in this parking lot of this supermarket.” According to her obstetrician, Fiona’s pregnancy was “flawless.”

On the morning I met Katherine Anna Palin, she was 1 month old. Asleep, scrunched against her father’s chest, she was downy, dewy, seemingly boneless, a miracle of the most ordinary kind. Her parents were brimming over on that sunny day, in their rental near Lincoln Center, with the baby books stacked against the walls and the breast pump lying on the kitchen counter. “I didn’t have grandchildren, so I decided to make my own,” said Nick, shaking my hand and wiping the puke off his polo shirt in a single motion.

Kiki, as she’s called, will never share toys with (or steal toys from) a sibling. She has no living grandparents. Her parents are not blind to these realities, and her mother, born and raised in Australia, already imagines the Australian girls’ boarding school to which she will send Kiki when she is a teenager—an effort in the absence of extended family to give her “sisters.”

“If you look at it from an actuarial standpoint, I might not be around when she’s 30,” Fiona says. “If you sit down and look at the cold, hard facts, this is the truth.” But Fiona shrugs it off. She and Nick are “no regrets” people, a couple who vowed to climb the Great Wall of China while they were still healthy enough to do so, and then did.

“I’m very hormonal still, at the moment,” Fiona says. “And every now and then I just burst out crying. I am so happy. I can’t believe it. I’m just so blessed. And I just wish this on everyone I know.”

Full story credit to New York Magazine (New York Media LLC). Read the full story at the link below:

<http://nymag.com/news/features/mothers-over-50-2011-10/>

NEW YORK LIVING: The Australian Ballet



Gemini {Choreography by Glen Tetley}

ABOUT THIS PIECE

Glen Tetley created **Gemini** on The Australian Ballet in 1973. By extending the physicality of classical technique in response to the challenging score by Hans Werner Henze, he created a strong, dynamic and exciting work that exhilarates dancers and audiences alike. *Gemini* is a masterpiece that explores the synthesis of classical and contemporary movement.

COMPANY BIO

Founded in 1962, **The Australian Ballet** is one of the country's flagship arts companies, and for nearly five decades has been the defining face of ballet in Australia. Now in its 50th Anniversary Season, the company performs works from the classical repertoire as well as contemporary works by major Australian and international choreographers, and new commissions that explore the development and future of this dynamic art form. Versatility, technical excellence and a warm, friendly style are the trademarks of The Australian Ballet, qualities that have earned both critical and audience acclaim.

STEVEN McRAE

PRINCIPAL DANCER OF THE ROYAL BALLET, LONDON

Something Different {Choreography by Steven McRae}

ABOUT THIS PIECE

No tights or ballet slippers here – with **Something Different**, Royal Ballet principal dancer Steven McRae is coming to City Center to do something, well, different. The versatile McRae will make his *Fall for Dance* debut with a tap solo set to Benny Goodman's rendition of "Sing, Sing, Sing."

COMPANY BIO

Born in Sydney, Australia, Steven McRae began dancing at the age of 7. In 2002 he was awarded the Gold Medal at the Royal Academy of Dance Genée International Ballet Competition before going on to win the prestigious Prix de Lausanne International Ballet Competition in 2003. In 2004, Steven joined the Royal Ballet and was quickly promoted through the ranks, achieving the title of Principal in 2009. He has guested in numerous countries across the world including Australia, Japan, HongKong, USA, Cuba, Mexico and all through Europe. Other performance highlights include performing for Royalty at Buckingham Palace.

New York City Center

Theater and Box Office

131 W 55th St (btwn 6th & 7th)

New York, NY 10019

CityTix® 212.581.1212

Tickets are a steal at only \$10- each. See the website below for full details:

<http://www.nycitycenter.org/content/ffd11/program-3.aspx>

... or see the below website for further information on the Australian Ballet Company:
<http://www.australianballet.com.au/>



NEW YORK LIVING: WHATS ON

9th Annual openhousenewyork®W eekend October 15 & 16, 2011

To celebrate the city's architecture and design, the 9th Annual openhousenewyork Weekend will once again unlock the city, allowing New Yorkers and tourists alike free access hundreds of sites talks, tours, performances and family activities in neighborhoods throughout the five boroughs. From private residences and historic landmarks, to rooftop farms and sustainable skyscrapers, OHNY gives you rare access into the extraordinary architecture that defines New York City, while introducing you to the people who make the city a vibrant and sustainable place to live, work, and play.

<http://www.ohny.org/weekend/overview>



MUST-SEE EVENTS

★ Halloween 2011

Check out some of the sites below for a guide to Halloween events & parades in and around New York City:

<http://halloweenguide.com/newyork>

<http://joonbug.com/newyork/halloween>

http://gonyc.about.com/od/halloween/a/halloween_parad.htm

★ Fall Foliage

One of my favorite things about fall in New York HAS to be leaf spotting.... if you have not seen fall foliage in full effect (or even if you have!), check out some of the sites below for locations and foliage reports and book yourself a day trip or weekend away to see Mother Nature at her best!

<http://www.iloveny.com/What-To-Do/Reasons-To-Love-NY/Fall-Foliage-Report.aspx>

<http://www.iloveny.com/What-To-Do/Reasons-To-Love-NY/Fall-Foliage-Report.aspx>

<http://visitadirondacks.com/what-to-do/adirondack-region-attractions/fall-foliage.html>

<http://gonewengland.about.com/od/fallfoliage/ht/htpeakfoliage.htm>



{View from the top of a mountain, Lake Placid, Adirondacks}



A lot of the Aussie Mums & Bubs Group gathered on the rooftop of the Dream Downtown Hotel in the Meatpacking District last month to celebrate surviving back-to-school week, and have some cocktails and chat under a stunning sunset. Around 10 of us stuck around to head downstairs to the Hotel restaurant for a delicious dinner and more drinks. Thanks to those girls who joined us for a great evening.

As the weather turns chillier (say it isn't so!), we have ceased our Central Park Playdates until the Spring sunshine returns to warm our winter bones in the New Year. Hence, we need people to open up their homes for small playdates during the winter months. Playdates can have a newborn/pre-walker or All-ages focus, and numbers can be limited according to the size of your home.

I'm also looking for someone to organize the November Girls Night Out. Please make sure you let me know when any births happen, good luck to those I know who are playing the waiting game. Also, we are farewelling more families this Fall and I'd love to acknowledge your departure in the newsletter so please send through some details for next month.

Megan Brown || AWNY Mums & Bubs Coordinator
e:awnymumsandbubs@gmail.com || C: 646 752 4725

October EVENTS

ANNUAL CHILDREN'S HALLOWEEN PARTY

When: Tuesday 25th October from 3-5pm

Where: 'The Montana' Building - Upper West 80's

Bring: A plate of food for kids or adults or some beverages

Cost: \$15 family. There will be Halloween games and prizes for the best costume.

Rsvp: to Megan Brown by Wednesday 20th October to meganbrown10@gmail.com, or 646 752 4725.



OCTOBER GIRLS NIGHT OUT.....





Catherine House Inc. was established in 1988 by the Sisters of Mercy. It is the only provider of supported accommodation in South Australia for women over 21 years, unaccompanied by children, who are affected by homelessness for reasons other than domestic violence.

Madge McGuire, Director for Catherine House Adelaide, will be our guest speaker for the November coffee morning. Read what she has to say about Catherine House and their involvement in the upcoming NYC Marathon.....

“Little did I ever imagine that Catherine House would ever have a presence in, or pound, the streets of Manhattan!

In November last year I was contacted by Nicole Cornes, who had just returned from supporting her husband at the marathon, asking if we would like to consider entering a team of runners in the New York City Marathon, to raise funds for our Education and Employment Program...now there was a thought! A proposal was submitted to the Catherine House Board, and Trust, for consideration. It was decided that this brave venture should go ahead!

We are indeed fortunate to be able to have a team in this iconic and exclusive event. It is very difficult to secure a place - there is much competition world-wide.

Our team of ten runners and all members of the support team - family and friends, myself and the chairpersons of the Catherine House Board and Trust - are paying all their own flight and accommodation costs. Often people who run, or attend, other charity events of this nature have these costs included in the funds raised. However, in keeping with our philosophy that every event dollar given by donors and sponsors should have minimum associated costs, the NYCM will be cost-neutral to Catherine House. This means that every dollar donated will go directly towards 'educating women out of homelessness'.

Each runner has committed to raise a minimum of \$2,000; it is anticipated this amount will in fact be exceeded.

The visit to New York will also provide me with another opportunity to meet with Common Ground NY staff, to hear about their approach to creating pathways into education and employment for people experiencing homelessness. At the same time, I have been invited to speak at an Australian Women in New York (AWNY) event. It will be good to take the message of the 'real issues that bring women to homelessness' to a group of around 100 Australian ex-pat women.”

Read more about the Catherine House Inc. at:

<http://www.catherinehouse.org.au/AboutCatherineHouse/tabid/56/Default.aspx>

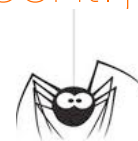
We would love to see AWNY members & Aussies alike supporting the marathon runners - it means a lot for runners to have supporters yelling out words of encouragement! Look out for further information about where our group will be to provide support on the day.

Are any AWNY members running in the marathon? We would love to hear from you and to provide support on the day!



Catherine House Inc. NYC Marathon 2011 {cont.}

Meet and be inspired by the people who will be running the 2011 NYC marathon to raise money for Catherine House Inc.:



MEET OUR RUNNERS!



Nicole Cornes (Supporter)

My adult life has provided me with many fortunate opportunities and I feel a responsibility to back and assist the women of CH. The 42 kms will be hard, but inspiring, and I believe the determination, strength and courage it takes to run the NYCM fits with the philosophy of the organisation.



Deirdre Flynn (CH Assistant Director)

The idea of taking the spirit of CH to the other side of the world completely excites me, as I feel so proud of the fact that all staff work so passionately as a team to provide opportunities for women to achieve more in their lives.



Rachel Bowes (Supporter, Queensland)

I look forward to running the NYCM this year to support women affected by homelessness; it fits with my 'charity consciousness'.



Phuong Le (CH Case Worker)

I have always wanted to do some travelling or have a memorable experience before I turn 30, so I jumped at the opportunity to run in the New York Marathon. I know that this will be very challenging for me in many respects, but I believe in the work that we do at CH, and I know that all the women and staff will be behind all of the runners and cheering us on all the way.



Nick House (Husband of CH Trust Chair)

I am part of the CH NYCM team as I want to raise money and awareness for a fantastic cause, whilst being physically, mentally and emotionally challenged.



Ali Coudraye (Supporter)

I have never run a marathon before and I am excited to be taking on the challenge. For me there is no better way to experience the NYCM than to run for CH.



Gerard O'Leary (Husband of CH Case Worker)

Catherine House has come a long way in 20-plus years in 'solving women's homelessness'. I support the work of CH and the opportunity of undertaking fundraising, and being part of the NYCM is the chance of a lifetime.



Mary Symonds rsm (CH Board Member)

When Madge asked the Board members if anyone would like to run in the NYCM for CH, I thought 'Why not?' I thought the commitment to training, the pain of aching muscles and old bones was something I could take on if it would help raise money to assist women of CH.



Hilary Camden (Supporter, Sydney)

I will turn 46 on the day of the marathon; it will be 20 years to the day since I was last in NY! To be running with my sister Deirdre for CH is so inspiring for me.



Mike Stanley (Supporter)

Homelessness in a society like ours is totally unacceptable and anything we can do to support CH in eliminating women's homelessness is a worthwhile cause.

SPONSOR A RUNNER

Please show your support for this quite magnificent, and punishing, effort by our runners – 42kms through the streets and crossing the bridges of Manhattan – by visiting the 'Everyday Heroes' website www.everydayhero.com.au and choosing which runner you would like to sponsor and encourage to the finishing line!

Please visit the site below if you would like to sponsor a runner:

http://www.everydayhero.com.au/CatherineHouse_NYmarathon



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Danielle

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The NYC Aussie Expat Meetup

If you're interested in meeting fellow Aussies (or even just Yanks who love Australians!) think about joining the New York City Aussie Expat Meetup. You'll find great gatherings like Rooftop BBQ's, Cricket in Connecticut for the Annual Ashes Match, Anzac Day Celebrations and much more:

<http://www.meetup.com/aussienyc/>



Would you like to contribute to the AWNY Newsletter?

If you have visited somewhere of interest recently, in or beyond New York, or have book, restaurant, or entertainment recommendations, we would love to hear from you!

The deadline for Newsletter contributions is the 20th of each month.

We welcome your submissions and ideas.
Please contact us!

Like to promote your business
or let other AWNY members know about
an event, project or organisation
you are involved in?

Need to sell, swap or buy something?

Classifieds can be sent to Marcia L. Callaghan
marcia.callaghan@aaanyc.org

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